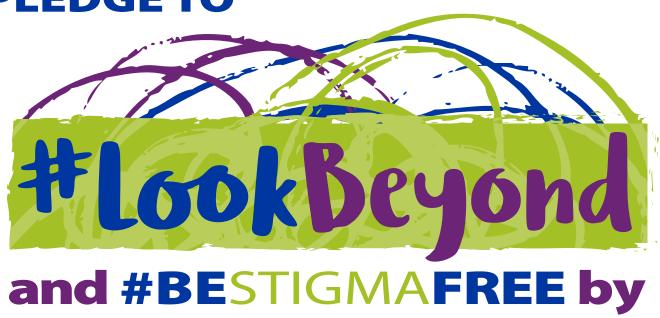
I PLEDGE TO



LISTENING to people who live with mental health, substance use and/or developmental challenges, to gain understanding

COMMUNITY TESOURCES (like taking Mental Health First Aid Training)

TREATING every person as a valuable member of our community

SPEAKING up for fair and respectful treatment of all people

6 ETTING others involved with the #LookBeyond campaign

OPTIMIZING my own wellness

LET'S 60!